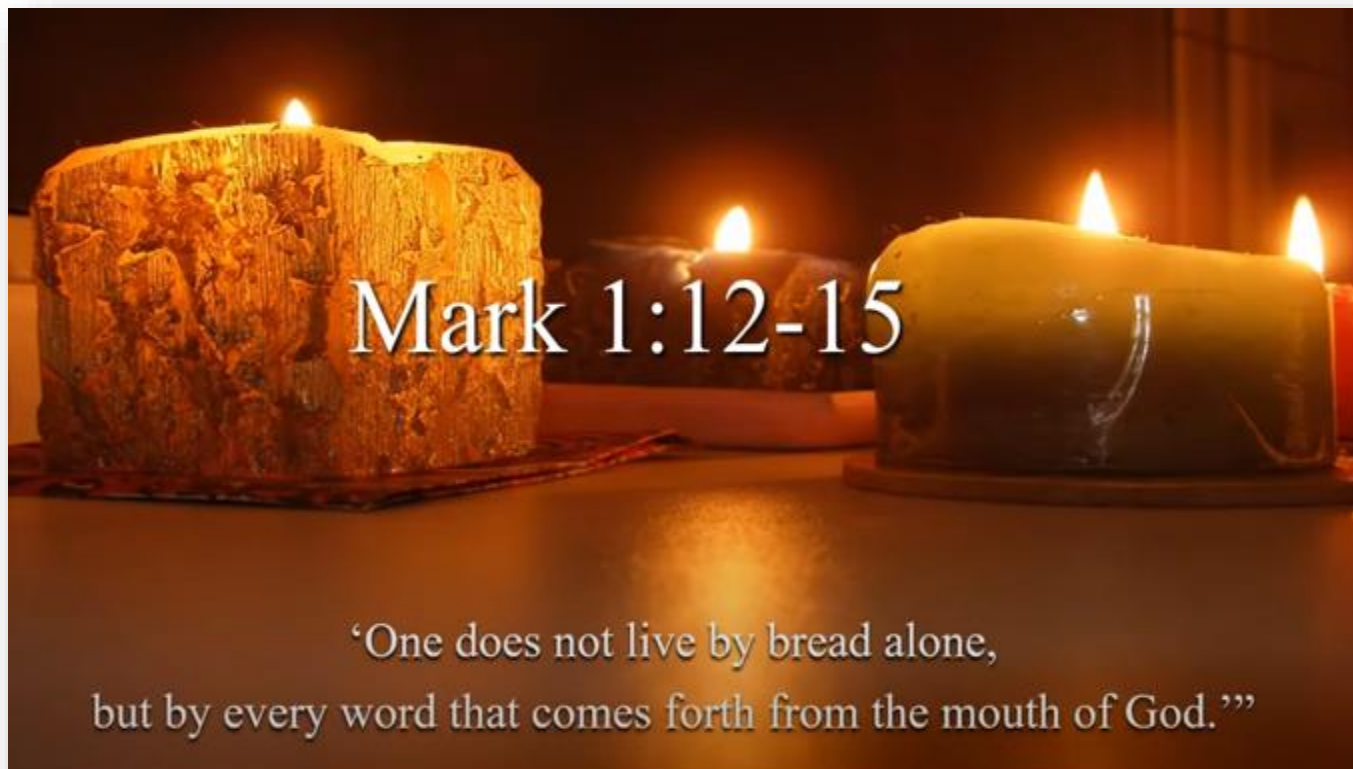


ST. LAWRENCE MARTYR CHURCH

2210 LAWRENCE AVE E. SCARBOROUGH, ONTARIO, M1P 2P9

<https://stlawrencemartyr.archtoronto.org>

Tel No. 416-759-9359



“One does not live by bread alone,
but by every word that comes forth from the mouth of God.”

Temptation

The Spirit drove Jesus out into the desert, and He remained in the desert for forty days, tempted by Satan.

He was among wild beasts, and the angels ministered to Him.

After John had been arrested,
Jesus came to Galilee proclaiming
the gospel of God:

“This is the time of fulfillment.
The kingdom of God is at hand.
Repent, and believe in the gospel.”



FEBRUARY 21, 2021 – 1ST SUNDAY OF LENT

ST. LAWRENCE MARTYR CHURCH
FEBRUARY 21, 2021 – 1ST SUNDAY OF LENT

GOSPEL SUMMARY:

In today's Gospel the Spirit drives Jesus to the desert, where he remains for forty days. Jesus is tempted by Satan and ministered to by the angels. At the end of his time of temptation, Jesus comes to Galilee proclaiming a message of repentance.



REFLECTION FOR PARENTS:

With Catholics throughout the world, today we begin a forty-day retreat. We will spend our forty days praying, fasting, and giving alms—disciplining ourselves so that we might grow in holiness. No doubt we too will be faced with temptation, but angels will minister to us and God will speak to us through his Word. Spend some quiet time today considering how you will spend your forty-day retreat. What will you do to prepare for the renewal of your baptismal promises on Easter Sunday?



BRINGING THE GOSPEL INTO YOUR FAMILY:

The Church's forty-day retreat time is meant for young and old alike. With your family, decide on one or more ways you will spend your Lenten retreat days praying together, fasting from foods and forms of entertainment, and giving of what you have to help those in need and the Church. Make a commitment to work together to help each other honor your Lenten plan, and talk about what your family will do to celebrate the end of the retreat on Easter Sunday morning.

DISCUSSION STARTERS:

- 1-Things that most often tempt me are _____.
- 2-Someone who helped me in a difficult time was _____.
- 3-One thing I plan to do during the forty days of our Lenten retreat is _____.

Reprinted with permission from www.FaithFirst.com, a Web resource of RCL Benziger, Cincinnati, OH

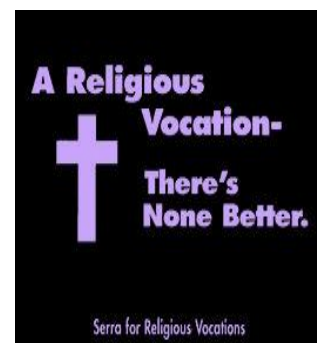


FOR THOSE WHO ARE ILL:

Please remember in your prayers: those who are sick and for those who love and minister to them –John Miceli, Gianna Ramzi, Francisco William, Stephanie Solomon, Antonio Sorbera, Bill Mattews, Vanessa Melone, Rosemarie Sorbera, Amelia Barroso, Joey Bagnato, Alicia Alvares, Charlie Abreu, Bill Cook.

VOCATION REFLECTION:

Lent: the springtime of the soul...is a time to make a new covenant with God, develop new signs of our relationship with our Creator. Go into your own desert and discover what God is asking of you. If you think God could be calling you to be a priest, religious, or permanent deacon, call **Fr. Matthew McCarthy** Vocation Director Archdiocese of Toronto. Tel No. 416-968-0997
Email vocations@archtoronto.org Website <https://www.vocationstoronto.ca/>



ST. LAWRENCE MARTYR CHURCH
FEBRUARY 21, 2021 – 1ST SUNDAY OF LENT

STEWARDSHIP REFLECTION:

Fighting Temptations



During this First Sunday of Lent we hear the account of Jesus's temptation in the wilderness. Facing temptations is a part of life. St. Anthony the Great says to "Expect temptation to your last breath." Each time we face a temptation we have the choice of whether we follow Christ or turn away from Him. We should ask ourselves, how hard do we fight to resist temptations?

St. Josemaria Escriva says to fight temptations "Saint Francis of Assisi rolled in the snow, Saint Benedict threw himself into a thorn bush, Saint Bernard plunged into an icy pond ... what have you done?" When temptations come our way we must intentionally distance ourselves from the source of temptation and pray for strength. Perhaps one practice we can start is praying a Hail Mary as we physically walk away from any potential occasions of sin.

Let us also realize that every sin is tempting us with a twisted version of something good. So instead of just running away from evil, let us run towards what is true, good and beautiful. For example, we won't fall into the temptation to gossip if we form the habit of building people up with our words. We will be less likely to get angry if we practice kind acts towards our neighbour. We won't fall into the sin of lust if we strive to sacrificially love others.

MASSES - MESSE



SATURDAY FEBRUARY 20TH – SABATO

5:00 P.M. – + Fred & Phil Fernandes

SUNDAY FEBRUARY 21ST- DOMENICA

8:30 A.M. – + Vito & Palma Alfonsi

10:00 A.M. – L'Intenzioni Di Vito e Elisabetta Barbieri
Pietro e Elvira Fugaccia
Rosario Vella
Salvatore Porzio
Matilde Pagliaro
Mike e Vito Cuoppolo
Giuseppe Canini e defunti famiglia
Totonno e Rosaria Francella
Francesco Ferrante

11:30 A.M. – + Eugenia Helou

1:00 P.M. – Pro Populo

5:00 P.M. – + Ross La Rosa

MONDAY FEBRUARY 22ND- LUNEDI

8:30 A.M. – + Edward Emmanuel

11:00 A.M. – Peter & Cornelia Ferreira

TUESDAY FEBRUARY 23RD - MARTEDI

8:30 A.M. – + Manuel Dungca

11:00 A.M. – Anna Miceli

WEDNESDAY FEBRUARY 24TH- MERCOLEDI

8:30 A.M. – + Anna Alfonsi

11:00 A.M. – Rodel Torres

THURSDAY FEBRUARY 25TH- GIOVEDI

7:00 A.M. – + Barbara Hambleton

8:30 A.M. – + Veronica Ismael

FRIDAY FEBRUARY 26TH- VENERDI

8:30 A.M. – + Anna Alfonsi

7:00 P.M. – + Pablo I. De Jesus

SATURDAY FEBRUARY 27TH - SABATO

8:30 A.M. – + Elaine Wood

10:00 A.M. – Family of Agnes Leung

ST. LAWRENCE MARTYR CHURCH
FEBRUARY 21, 2021 – 1ST SUNDAY OF LENT

This Lent, let us begin to run away from sinful temptations and fill ourselves with good things from God instead. This will allow us to become holier stewards, which will lead to the revitalization of our parishes as our holiness and charity will point others to the love of Christ.

Dear Padre

February 21, 2021



As long as I can remember, our parish has offered the Stations of the Cross as a special devotion during the Lenten season. How ancient is this practice?

Over the centuries, many pilgrims would visit the Holy Land to retrace the steps of Jesus. When they returned to their home churches, many of these pilgrims paid for shrines to be built that represented the holy places they visited. In 1342, the Franciscans became the official guardians of the holy places, and they would guide pilgrims along the Way of the Cross. In 1668, Pope Innocent XI gave permission to the Franciscans to place Stations of the Cross in all of their churches. The number of these early stations varied, from as few as seven to as many as thirty-seven. Finally, in 1731, Pope Clement XII defined fourteen stations as the official devotion.

In recent years, two modifications of the Stations of the Cross have become fairly common. Some churches have a fifteenth station representing Jesus' Resurrection. Other churches have scriptural accounts that are not in the traditional station devotion. In more recent years, a popular Lenten devotion is the "Living Stations of the Cross." This is a play with music, singing, and dramatic speaking parts.

Regardless of their format or the liturgical season of the year during which they are celebrated, the Stations of the Cross are a gentle reminder that we journey with Jesus on his way to Calvary.

From Dear Padre: Questions Catholics Ask
© 2003 Liguori Publications



Summary

As we read the account of Jesus' temptation in the desert we should realize that we too have to fight temptations. When

temptations come our way we must intentionally distance ourselves from the source of temptation and pray for strength. . This Lent, let us begin to run away from occasions of sin and fill ourselves with good things from God instead which will slowly help us grow in holiness.

Lent A Time to Renew

LENT: What does God have in store for you this Lent? Is He asking you to go deeper in prayer? Perhaps to commit to daily meditation? Or maybe He is asking you to grow closer even in the midst of ever-changing circumstances around you.

We don't usually associate Lent with joy. The ashes, more somber music, the dark purple vestments, the discipline and sacrifices, and serious business of repentance all would seem to call for long faces and no room for laughter or joyfulness. But note these phrases from the Lenten Liturgies: "When you fast, do not look gloomy like the hypocrites!" "May we keep this Lenten Season in preparation for the joy of Easter." "Each year you give us this joyful season" Lent calls us to be holy not unhappy. It is indeed a "joyful" time as we seek to better understand the meaning of Jesus' death and resurrection, and to reflect it in our lives.

ASH WEDNESDAY

LENT BEGINS

WHAT IS LENT?

The *40-day period* from Ash Wednesday and before Easter Sunday. It is marked by **praying, fasting, abstinence, and other acts of penance.**

PRAYING ||||| FASTING ||||| ABSTINENCE

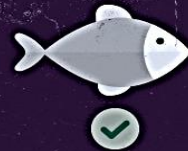


WHAT IS FASTING?



One meal a day, and two smaller meals which if added together would not exceed one full meal

WHAT IS ABSTINENCE?



Abstinence is **refraining from eating meat.** Meat is considered to be the flesh and organs of mammals and fowl.

DAYS OF FAST?

Ash Wednesday

Good Friday

DAYS OF ABSTINENCE?

Ash Wednesday

All Fridays of Lent

Good Friday

WHO ARE REQUIRED?

Catholics from age < 18 to 59 >



The sick are excused from fasting

WHO ARE REQUIRED?

Mandatory for everyone



older than

14 years old



Source: Code of Canon Law

ST. LAWRENCE MARTYR CHURCH
FEBRUARY 21, 2021 – 1ST SUNDAY OF LENT

FASTING AND ABSTINENCE – CODE OF CANON LAW:

Canon 1250 All Fridays through the year and the time of Lent are penitential days and times throughout the entire Church.

Canon 1251 Abstinence from eating meat or another food according to the prescriptions of the conference of bishops is to be observed on Fridays throughout the year unless they are solemnities; abstinence and fast are to be observed on Ash Wednesday and on the Friday of the Passion and Death of Our Lord Jesus Christ.

Canon 1252 All persons who have completed their fourteenth year are bound by the law of abstinence; all adults are bound by the law of fasting up to the beginning of their sixtieth year. Nevertheless, pastors and parents are to see to it that minors who are not bound by the law of fast and abstinence are educated in an authentic sense of penance.

Canon 1253 It is for the conference of bishops to determine more precisely the observance of fast and abstinence and to substitute in whole or in part for fast and abstinence other forms of penance, especially works of charity and exercises of piety.

LENT

Pray + Fast + Give



LENT is a time of fasting and feasting.

- To fast from judging others; feast on Christ present in others.
- Fast from differences with others; feast on the unity with all life.
- Fast from darkness; feast on light.
- Fast from thoughts of illness; feast on the healing power of God.
- Fast from hostility; feast on peacemaking.
- Fast from words that damage others.
- Feast on phrases that build up.
- Fast from anger; feast on understanding.
- Fast from worry; feast on trust in God's presence.
- Fast from bitterness; feast on forgiveness.
- Fast from complaining; feast on appreciation and thanksgiving.
- Fast from self-concern; feast on compassion for others.
- Fast from suspicion; feast on truth.
- Fast from discouragement; feast on hope.
- Fast from problems that overwhelm.
- Feast on prayer that brings strength.

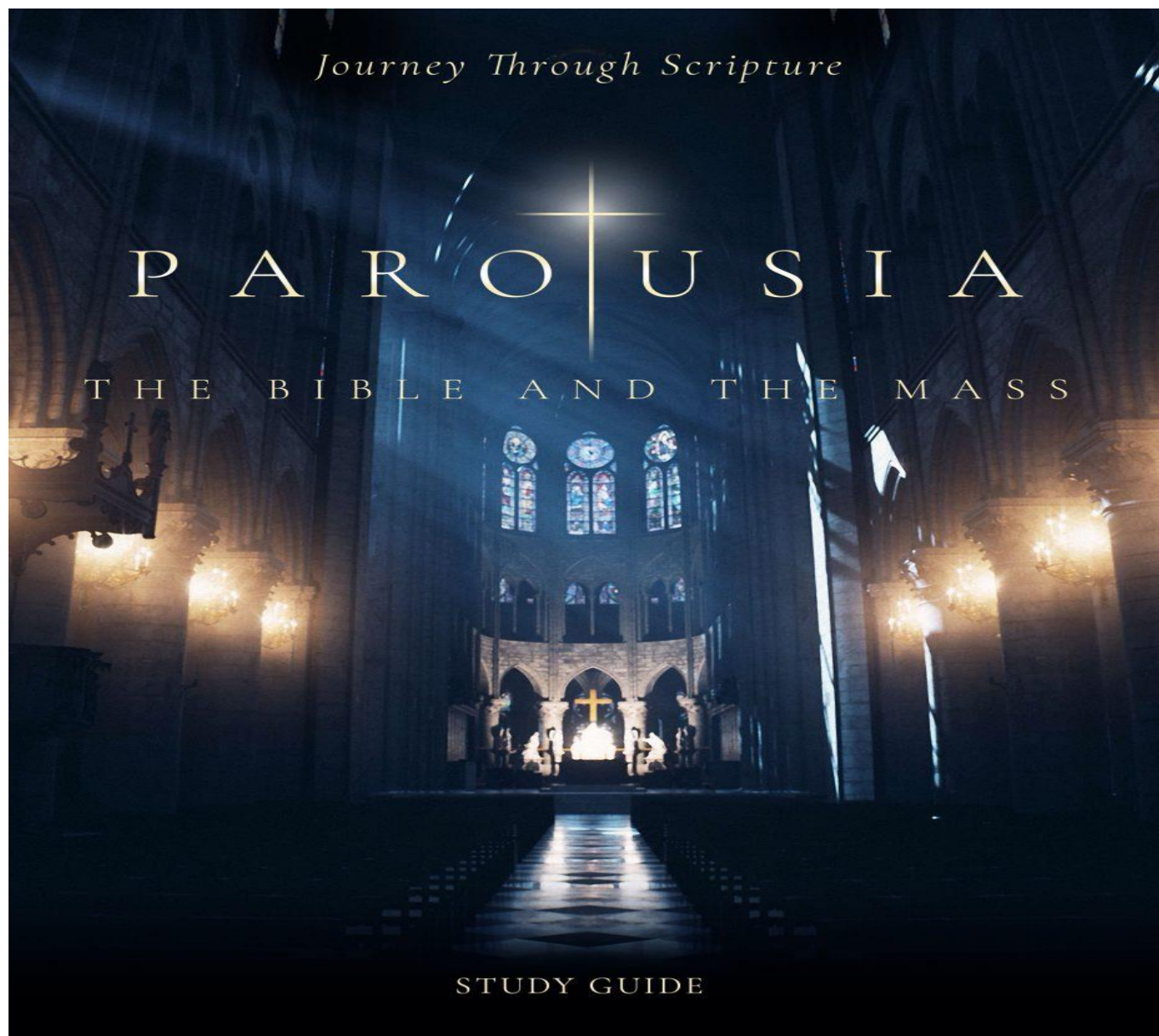
QUOTATIONS ABOUT LENT:

"Are you capable of risking your life for someone? Do it for Christ." – St. Pope John Paul the Great

"Lent comes providentially to reawaken us, to shake us from our lethargy." -- Pope Francis

"As Lent is the time for greater love, listen to Jesus' thirst...'Repent and believe' Jesus tells us. What are we to repent? Our indifference, our hardness of heart. What are we to believe? Jesus thirsts even now, in your heart and in the poor -- He knows your weakness. He wants only your love, wants only the chance to love you." – St. Teresa of Calcutta

ST. LAWRENCE MARTYR CHURCH
FEBRUARY 21, 2021 – 1ST SUNDAY OF LENT



PAROUSIA: THE BIBLE AND THE MASS LENT 2021 (ONLINE) JOURNEY THROUGH SCRIPTURE STUDY

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In our latest Journey Through Scripture study, get ready to join host Scott Hahn to uncover how and why all of God's action, in creation and redemption, is ordered to the Mass.

Details at this link:

<https://stpaulcenter.com/studies-tools/journey-through-scripture/parousia-the-bible-and-the-mass/>

ST. LAWRENCE MARTYR CHURCH
FEBRUARY 21, 2021 – 1ST SUNDAY OF LENT



REFLEXIONES DE CUARESMA

**Daily Lenten
Reflections with Dr.
Tim Gray**

Enter your email here

SIGN UP

40 DAYS TO GRACE AND GLORY:

This Lent, we invite you to journey with Dr. Tim Gray by signing up for Daily Lenten Reflections. Each day you will receive in your inbox a short video which features Dr. Gray commenting on the daily Mass readings, explaining the Scriptures, and providing you with concrete ideas on how to apply them to your Christian life. Available for free on FORMED.

Sign up to receive daily emails at formed.org/lent.



ST. LAWRENCE MARTYR CHURCH
FEBRUARY 21, 2021 – 1ST SUNDAY OF LENT

For your ongoing support of our parish, (including those for the St. Vincent de Paul) may be dropped off in person when the church is open for private prayer or sent through the mail.



SUNDAY OFFERING ENVELOPES:

A set of offering envelopes will be prepared for you to pick up at the parish office.

PRE-AUTHORIZED GIVING:

This new way of supporting the church is now being offered in our parish and many of our parishioners may find this method practical and convenient.

PLEASE CALL THE PARISH OFFICE (416-759-9359) FOR THE WAY OF GIVING THAT IS RIGHT FOR YOU.

DONATE NOW:

Alternately we ask you to consider your support of the parish by a single or monthly donation through the "Donate now" button at www.archtoronto.org or at stlawrencemartyr.archtoronto.org.

TO DONATE BY CREDIT CARD (Donate Now)

Go to St. Lawrence Website or [Click this link.](#)

At the top right-hand of the page, find the hand (donate now) and click



ST. LAWRENCE MARTYR PARISH, SCARBOROUGH

This will take you to the Archdiocese of Toronto page → Click the button "click here to donate"

Next page is Where is your Parish? → select "Durham and Scarborough"

Next page is Donation page. Please complete the form.

For Parish → click the arrow down, select "St. Lawrence Martyr Parish, Scarborough"

After completing the form > click the button "Donate Now"

*We will continue to update you as the situation evolves through our parish website.
We pray that you and your loved ones remain safe and healthy.*

May God continue to bless you now and always!

ST. LAWRENCE MARTYR PARISH

2210 Lawrence Ave. East, Scarborough, ON M1P 2P9

Phone: 416-759-9359 FAX: 416-759-6725

<http://stlawrencemartyr.archtoronto.org> E-mail: stlawrence.archtoronto@rogers.com

Parish Groups

We invite you to consider joining a parish group. For more information, please call 416-759-9359.

- Altar Servers
- Extraordinary Ministers of Communion
- Lectors
- Choir - 5:00 pm English Mass
- Choir - 10:00 am Italian Mass
- Choir - 11:30 am English Mass
- Ushers
- St. Lawrence Women's Group...1st Sunday of every month after 8:30 am Mass
- St. Vincent de Paul Society (Helpline 416-410-3589) 2nd and 4th Monday of each month
- The Craft Group...every Tuesday after 8:30 am Mass
- Knights of Columbus...3rd Monday of every month at 7:30 pm
- Legion of Mary...every Tuesday at 7pm
- Marian Movement for Priests...every Wednesday following 8:30 am Mass
- Youth Group...2nd and last Saturday of the month at 2 pm
- Charismatic Prayer Meeting Friday Night at 7:00pm

Parish Office

Julia Di Paolo...Parish Secretary

Office Hours

Mon to Thurs: 9:15 am -12:00 pm
1:00 pm - 4:00 pm
Friday.....9:15 am - 1:00 pm
Sunday.....9:30 am - 1:00 pm
Closed on Saturday and holidays

Orario Di Ufficio

Dal Lun al Gio: 9:15 am-12:00pm
1:00 pm - 4:00 pm
Venerdi.....9:15 am - 1:00pm
Domenica.....9:30 am - 1:00 pm
Sabato e giorni di festa: Ufficio Chiuso



Pastoral Team

Rev. Fr. Roy Farrell.....Pastor of St. Lawrence Martyr
Rev. Fr. Jimmy Joseph Associate Pastor of St. Lawrence Martyr
Rev. Fr. Russell AschChaplain to the Faithful participating in the Extraordinary Rite of the Latin Mass

Confessions

Saturdays following 8:30 am Mass
Saturday.....4:15 to 4:45 pm
Any time by request

Confessioni

Sabato dopo la messa dalle 8:30am
Sabato..... 4:15 alle 4:45 pm
Qualsiasi altro giorno a richiesta dei fedeli.

Sunday Masses (Messe Domenicali)

| Sat. Vigil (Sabato) | 5:00 pm | English (Inglese) |
|---------------------|----------|--------------------|
| Sunday (Domenica) | 8:30 am | English (Inglese) |
| | 10:00 am | Italian (Italiano) |
| | 11:30 am | English (Inglese) |
| | 1:00 pm | Latin (Latino) |
| | 5:00 pm | English (Inglese) |

| Daily Masses (Giorni Feriali) | Mon (Lun) | Tues (Mar) | Wed (Mer) | Thur (Gio) | Fri (Ven) | Sat (Sab) |
|-------------------------------|-----------|------------|-----------|------------|-----------|-----------|
| English (Inglese) | 8:30 am | 8:30 am | 8:30 am | 8:30 am | 8:30 am | 8:30 am |
| Latin (Latino) | 11:00 am | 11:00 am | 11:00 am | 7:00 am | 7:00 p.m. | 10:00 am |

* Weekday Latin Masses subject to change due to funeral or absence of priest. Latin Masses are of the Extraordinary Form of the Roman Rite, according to the 1962 Missal. * Messe nei giorni feriali latino sono soggetti a variazioni a causa di funerale o assenza del sacerdote. Messe latine sono della forma straordinaria del Rito Romano, secondo il Messale del 1962.

Eucharistic Holy Hours

- Sunday Evenings: 4:00 pm - 5:00 pm
- First Fridays: 7:15 am - 8:15 am, 9:15 am - 6:30 pm, 8:00 pm - 4:00 am

For Baptism, Marriage and Sacrament of the Sick:

- Please contact the parish office at 416-759-9359

Parish School: St. Lawrence Catholic School

2216 Lawrence Ave. East, Scarborough, ON Tel.:416-393-5264

Devotions

- **Rosary:** 8:00 am - Monday through Saturday
- **Our Lady of Perpetual Help:** 8:25 am - Wednesdays
- **Novena to Our Lady of the Miraculous Medal:** Mon. after the 8:30am Mass (Oct-May)
- **Novena to St. Anthony of Padua:** For thirteen Tuesdays in preparation for the Feast of St. Anthony

BAPTISMS

Baptism takes place on the Second Sunday of each month. Pre-baptism instructions are provided to parents and sponsors who must be practicing Catholics. Contact parish office for details.

MARRIAGES

Contact the parish priest at least one year in advance of the marriage. Engaged couples must attend a marriage preparation course offered by the Archdiocese. Please contact the parish office for more details.

FIRST COMMUNION & CONFIRMATION FOR PUBLIC SCHOOL STUDENTS

Please contact parish office for details

RCIA (Rite of Christian Initiation for Adults)

Please contact parish office for details.

HOLY COMMUNION FOR SHUT-INS

Please contact parish office to arrange a visit.

Welcome New Parishioners!

We invite you to come and register your family at the parish office.

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 to help the less fortunate.
 For More Information
 CALL 416-759-1865
 HelpTheLessFortunate.org


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 www.scarboroughretirement.ca


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Trust

TRUST IS KNOWING SOMEONE IS
 THERE TO CATCH YOUR FALL. IT'S
 KNOWING SOMEONE WILL BE THERE
 WHEN YOU NEED A SHOULDER TO
 CRY ON. IT'S KNOWING A PROMISE
 MADE IS A PROMISE KEPT. TRUST IS
 SOMETHING WE EARN EVERY DAY.



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