

# St. Lawrence Martyr Church

2210 LAWRENCE AVE E. SCARBOROUGH, ONTARIO, M1P 2P9

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Website: [stlawrencemartyr.archtoronto.org](http://stlawrencemartyr.archtoronto.org)

## PASTORAL TEAM:

Rev. Fr. Thomas Lim  
*Pastor*

Rev. Fr. Anish K. Antony C.F.I.C.  
*Associate Pastor*

Rev. Fr. Russell Asch  
*Chaplain to the Faithful participating in  
the Extraordinary Rite of the Latin Mass*

Julia Di Paolo - *Secretary*

## PARISH OFFICE AND HOURS:

**Mon to Thurs:** 9:15 AM — 12:00 PM  
1:00 PM — 4:00 PM

**Friday:** 9:15 AM — 2:00 PM

**Sunday:** 9:15 AM — 1:00 PM

**Closed on Saturday and Holidays**

## DEVOTIONS:

Holy Rosary: before 8:30am Mass

Divine Mercy: Friday after 8:30am Mass

Our Lady of Perpetual Help: Wednesday

Novena to Our Lady of Miraculous Medal:

Every Monday, October - May

Novena to St. Anthony de Padua:

13 Tuesdays (March - June 13)

Eucharistic Adoration:

Mon - Thurs: 9am-12pm (Church)

Every Friday: 9am - 7pm (Church)

## ST. VINCENT DE PAUL SOCIETY:

For assistance call 416-410-3589

## PARISH SCHOOL:

St. Lawrence Catholic School 416-393-5264

## SUNDAY MASSES:

Saturday Vigil: 5:00 pm (English)

Sunday Mass : 8:30 am (English)

10:00 am (Italian)

11:30 am (English)

1:00 pm (Latin)

5:00 pm (English)

## DAILY MASSES:

English: 8:30 am Monday to Saturday

Latin: 12:00 pm Monday to Wednesday

7:00 am Thursday

7:00 pm Friday

10:00 am Saturday

## CONFESSIONS:

Saturdays following the 8:30 am Mass

Saturdays 4:15 pm to 4:45 pm

(or by appointment)

## BAPTISM:

Visit our website or call the Parish Office for more information.

## MARRIAGE:

Couples must contact the Pastor ONE YEAR in advance. Marriage Preparation Course is required. Visit our website for more information.

## ANNOINTING OF THE SICK:

If one of your loved ones would like to receive this Sacrament, please contact the Parish Office.

## COMMUNION OF THE SICK:

Visitation and/or Holy Communion for the sick upon request.

*A warm Welcome to New Parishioners!*

*Please fill out a parish registration form found in the foyer of the Church,  
and kindly introduce yourself to the Pastor.*

## 3<sup>RD</sup> SUNDAY OF LENT – MARCH 12<sup>TH</sup>, 2023

### A SPRING OF WATER WELLING UP TO ETERNAL LIFE



In this lively dialogue Jesus almost seems to be teasing the Samaritan woman, deliberately leading her into misunderstanding about what he means by living water or about the conditions of worship. Nothing daunted, she gives as good as she gets, replying with a cheeky series of sarcastic questions, gradually edging nearer to the truth: an open-minded Jew – greater than our father Jacob – a prophet – and finally acknowledging him as the Messiah. With its serious message it is a lovely example of Jesus' willingness to engage with people as they are, and of his openness with women. On these last three Sundays of Lent before Palm Sunday in Cycle A, the Church lays before us the three great symbols of the baptisms which will be celebrated at Easter. This concerns not only those who will be baptised at the Easter Vigil, but all those who are invited to renew our baptismal promise and commitment at Easter. Then we enter afresh into the living and nourishing water of God's love which surpasses any food or drink, into the light which enlightens the blind (the Cure of the Man Born Blind) and true life (the Raising of Lazarus).

La conversazione di Gesù con la Samaritana si svolge sul tema dell'“acqua viva”. Quest'acqua è indispensabile alla vita, e non è sorprendente che, nelle regioni del Medio Oriente dove regna la siccità, essa sia semplicemente il simbolo della vita e, anche, della salvezza dell'uomo in un senso più generale. Questa vita, questa salvezza, si possono ricevere solo aprendosi per accogliere il dono di Dio. È questa la convinzione dell'antico Israele come della giovane comunità cristiana. E l'autore dei Salmi parla così al suo Dio: “È in te la sorgente della vita” (Sal 036,10). Ecco la sua professione di fede: “Come la cerva anela ai corsi d'acqua, così l'anima mia anela a te, o Dio” (Sal 042,2). La salvezza che Dio porta viene espressa con l'immagine della sorgente che zampilla sotto l'entrata del tempio e diventa un grande fiume che trasforma in giardino il deserto della Giudea e fa del mar Morto un mare pieno di vita (Ez 47,1-12). Gesù vuole offrire a noi uomini questa salvezza e questa vita. Per calmare definitivamente la nostra sete di vita e di salvezza. “Io, sono venuto perché abbiano la vita e l'abbiano in abbondanza” (Gv 10,10).



### EUCCHARISTIC ADORATION

Mon - Thur 9am - 12pm (Church)\*  
LENT Friday 9am - 5:45pm (Church)\*

\*In the Chapel, when there is a funeral.

**Come and spend some quiet time in prayer!**

### Mass Intentions for the Week

#### **SATURDAY MARCH 11<sup>TH</sup> – SABATO**

5:00 P.M. + Ronald Hoven

#### **SUNDAY MARCH 12<sup>TH</sup> – DOMENICA**

8:30 A.M. + Sofrono & Segundina Lucero

10:00 A.M. - Pietro e Elvira Fugaccia  
Rosario Vella - Mariangela e Vito Vitro  
Franco e Elisabetta Sinopoli e defunti famiglia  
Vito De Nardo e defunti famiglia  
Maria Romagnuolo - Rocchina Lamanna  
Carmelo Cornacchia - Maria e Giuseppe Doria  
Marco, Edda e defunti famiglie Carlevaris e Nevodini  
L'Anime del Purgatorio

11:30 A.M. + Daniel Noranho

1:00 P.M. - Pro Populo

5:00 P.M. - For All Parishioners

#### **MONDAY MARCH 13<sup>TH</sup> – LUNEDI**

8:30 A.M. + Deceased-Longo & Russo Families

12:00 P.M. + Sydney De Souza

#### **TUESDAY MARCH 14<sup>TH</sup> – MARTEDI**

8:30 A.M. + Frank & Stanka Kosik

12:00 P.M. - Geroge Poblette

#### **WEDNESDAY MARCH 15<sup>TH</sup> – MERCOLEDI**

8:30 A.M. + Ross & Joe La Rosa  
+ Ivanhoe Biaoco & Deceased Family  
+ The Chung Family  
- George & Nicole Habr

12:00 P.M. + William Joyce

#### **THURSDAY MARCH 16<sup>TH</sup> – GIOVEDI**

7:00 A.M. + Charity Olaguer

8:30 A.M. + Michael & Maria Abreu

#### **FRIDAY MARCH 17<sup>TH</sup> – VENERDI**

8:30 A.M. + Roland & Joe D'Souza

7:00 P.M. + Bayardo Valle Noguera

#### **SATURDAY MARCH 18<sup>TH</sup> – SABATO**

8:30 A.M. + Paola & Luciano La Rosa

10:00 A.M. + Henriette Cescon



### Weekly Offertory

Last Week's Collection: \$5,369.05

Building Fund: \$3,378.00

**Thank you for your generosity!**



## 3<sup>RD</sup> SUNDAY OF LENT – MARCH 12<sup>TH</sup>, 2023



Dear Friends in Christ, this weekend my thoughts turn to the last pillar of our Lenten practice, that of fasting. It should come as no surprise that fasting played a prominent role in the story of salvation as seen throughout the pages of Scripture. In a certain sense, the first call to fast began with our primordial parents, when God explicitly instructed Adam and Eve not to eat - to abstain - from the fruit of the Tree of Knowledge (cf. Gen. 2:17). Queen Esther made a three day fast for herself and her court that enabled her to save the Jewish people from the evil intentions of Haman (cf. Est 4:15). The people of Nineveh were saved from the wrath of God after they accepted Jonah's call to conversion by fasting (cf. Jon. 3:4-10). The Church, for its part, makes fasting a central aspect of our Lenten observances, when it brings it to the forefront each Ash Wednesday with the reading from the prophet Joel: "*Yet even now - oracle of the Lord - return to me with your whole heart, with fasting, weeping and mourning. Rend your hearts, not your garments, and return to the Lord, your God*" (Jl 2:12-14).

Today there is a growing number of people who are practicing a secular regiment of fasting, otherwise known as intermittent fasting. The practice involves refraining from eating for certain periods of time. For some people, this means eating only during specific periods of time each day or week; for others, however, it means eating only on alternate days. The aim of this secular fasting regiment is ultimately to lose weight and to develop a healthy lifestyle.

While there are undoubtedly some merits in undertaking this form of fasting, the Church's exhortation to have the faithful practice fasting more vigorously, during the season of Lent, is intended to achieve a different objective; namely, as a means to avoid sin and to cultivate a deeper union with God. Pope Benedict XVI makes this point clear when he states: "*We might ask ourselves what value and meaning there is for us Christians in depriving ourselves of something that in itself is good and useful for our bodily sustenance. The Sacred Scriptures and the entire Christian tradition teach that **fasting is a great help to avoid sin and all that leads to it.** For this reason, the history of salvation is replete with occasions that invite fasting.... **Since all of us are weighed down by sin and its consequences, fasting is proposed to us as an instrument to restore friendship with God**" (Message for Lent 2009). In the same message, Benedict also notes the ascetical dimension of fasting as "*a **spiritual arm to do battle against every possible disordered attachment to ourselves.** Freely chosen detachment from the pleasure of food and other material goods helps the disciple of Christ to control the appetites of nature, weakened by original sin, whose negative effects impact the entire human person*" (my emphasis).*

There is another dimension of fasting that is beneficial for us. As a special form of penance, through our mortification and self-denial, fasting enables us to keep our eyes more focused on Christ and to grow in greater intimacy with him. This is alluded to by the US Conference of Bishops who writes that "*Voluntary fasting from food creates in us a greater openness to God's Spirit and deepens our compassion for those who are forced to go without food. The discomfort brought about by fasting unites us to the sufferings of Christ. Fasting should bring to mind the sufferings of all those for whom Christ suffered. One may refrain from certain foods strictly for dietary purposes, but this would not be Christian penance. Rather, our fasting and refraining is in response to the workings of the Holy Spirit. **By fasting we sense a deeper hunger and thirst for God**" ("Penitential Practices for Today's Catholics", USCCB).*

While intermittent fasting is a means to physical well-being, the Lenten practice of fasting is the means to achieve our spiritual well-being. Through this old-age discipline, which has been practiced by countless faithful throughout the ages, we are able to disciple our disordered passions and avoid sin, and to draw closer to God.

Pax Christi, *Fr. Thomas*



**INSTALLATION OF  
ARCHBISHOP FRANK LEO  
TO TAKE PLACE SATURDAY  
MARCH 25, 2023 @ 10 A.M.**

Given capacity restrictions at St. Michael's Cathedral Basilica, this will be an invitation-only event. The Mass of Installation will be livestreamed through [www.stmichaelscathedral.com/live](http://www.stmichaelscathedral.com/live) and broadcast on Salt & Light Catholic TV and through their website: [www.slmedia.org](http://www.slmedia.org).



**LENT Friday Schedule:**

8:30 am - English Mass  
9:00 am - 5:45 pm  
Eucharistic Adoration  
5:30 pm - 6:30 pm  
Confessions  
6:00 pm  
Stations of the Cross  
7:00 pm - Latin Mass



### Bequests to Parishes

A bequest in your Will to our Church is an acknowledgment of your returning to God a portion of the gifts He has bestowed on you during your lifetime.

Whenever your parish becomes the beneficiary of a bequest, it always gets 100% of its entitlement, however the Development Office administers the process of implementing the binding/signing authority principle.

For more details, contact us by email to [development@archtoronto.org](mailto:development@archtoronto.org). or call 416-934-3411 ext. 519.


## 3<sup>RD</sup> SUNDAY OF LENT – MARCH 12<sup>TH</sup>, 2023



**LITURGICAL WORKSHOPS:**  
The parish invites parishioners who signed up for the Liturgical Ministries to attend the workshop:

- Lectors Workshop  
- Saturday March 18th at 1pm
- Extraordinary Minister of Holy Communion  
- Saturday April 15th at 1pm
- Ushers Workshop  
- Saturday April 29th at 1pm





**2023 ShareLife Parish Goal : \$33,700**

Give a helping hand to those who need it most, right here at home. By donating to ShareLife, you help support over 40 agencies to serve the most vulnerable people in our community – regardless of their faith, age, or background.

**March 26th is Share Life Sunday.  
Please give generously.**

*Join our Pastor*

**Fr. Thomas Lim**

**PILGRIMAGE TO  
TURKEY & GREECE**  
In the Footsteps of  
St. Paul



June 02-15, 2023,  
14 days

Flyers/registration forms are found at the lobby of the Church or visit


[St Lawrence Martyr Website](#)


To book call Sisca  
4167318252



**Vocations' Reflection . . .**  
“But the one who drinks of the water that I will give will never be thirsty.” Do you thirst to know where God is leading you? Could you be thirsty for an understanding of your purpose? If God is calling you to serve Him as a priest, deacon, brother or sister, contact Fr. Matt McCarthy, Director of Vocations, Archdiocese of Toronto at 416-968-0997. email [vocations@archtoronto.org](mailto:vocations@archtoronto.org) [www.vocationstoronto.ca](http://www.vocationstoronto.ca)

**Stewardship Reflection . . .**  
As stewards of Christ we are called to generously share our time and talents with our parish community. However, a mere sharing of our gifts without the guidance and strength of the Holy Spirit can easily lead us to becoming burnt out, discouraged or resentful. Let us bring about a new outpouring of the Holy Spirit into the hearts of our parish community by constantly turning to Him to strengthen us.





**PRAYER FOR THE SICK:** We keep in our prayers the sick, the homebound, and the forgotten members in our community.

*“Fasting cleanses the soul,  
raises the mind,  
subjects one’s flesh to the spirit,  
renders the heart contrite and humble,  
scatters the clouds of concupiscence,  
quenches the fire of lust,  
kindles the true light of chastity.”*

*St. Thomas Aquinas*

# Dear Padre

March 12, 2023

***I have done some really terrible things in my life. When I did them, I didn't think anything about them, but now I feel very guilty. Can God really forgive me?***

As we Redemptorists like to say, “With God there is plentiful redemption.” God’s mercy is everlasting and overflowing in its abundance. As we continue in Lent, let’s remember that Easter is the sign that God forgave even the great sin of the crucifixion of his only Son. Time and time again throughout the Scriptures, Jesus demonstrates this bountiful mercy. He forgave Zacchaeus, the tax collector. He forgave the woman caught in adultery. He was tender with the Samaritan woman we hear about in today’s Gospel. He spent his days living among and forgiving all manner of sinners. He even forgave Peter’s great denial. The Church has named a multitude of saints, but note that in 2,000 years it has never declared anyone to be definitively condemned to eternal punishment. There is hope and mercy for all.

No matter how great the sin, God will forgive it. All you have to do is ask for mercy sincerely. All that takes is a repentant heart. From the tone of your message, you are truly sorry. Find a priest with whom you are comfortable and ask him to celebrate with you the sacrament of reconciliation. If you don’t know how to go to confession, just ask. The priest will help you. Be at peace. ●

— Fr. Rick Potts, CSsR / DearPadre.org



**FATHER  
YOU CALLED**

**SAINT LAWRENCE  
TO SERVE YOU BY LOVE  
AND CROWNED HIS LIFE  
WITH GLORIOUS  
MARTYRDOM.**

**HELP US TO BE LIKE HIM  
IN LOVING YOU  
AND DOING YOUR WORK.**

**AMEN**