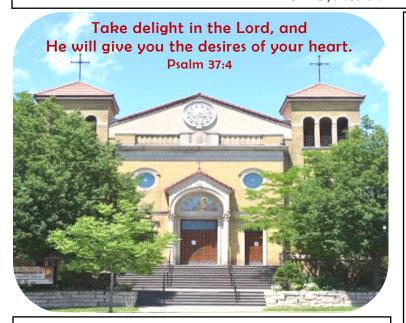
## 2210 LAWRENCE AVE E. SCARBOROUGH, ONTARIO, M1P 2P9

https://stlawrencemartyr.archtoronto.org

Tel No. 416-759-9359

MARCH 6, 2022 - LENT 1ST SUNDAY





## WELCOME NEW PARISHIONERS.

We are happy you decided to worship with us today. Please introduce yourself to one of the priests following Mass in the Gathering Area in the back of the church. If you would like information about registering as a new parish member, please call 416-759-9359 for a registration form; or click here.

Ways in which You can support Your Parish:

<u>SUNDAY ENVELOPES</u>: A set of offering envelopes will be prepared for you to pick up at the parish office.

Please pick-up your 2022 envelopes in the parish hall.

<u>PRE-AUTHORIZED GIVING</u>: This new way of supporting the church is now being offered in our parish and many of our parishioners may find this method practical and convenient.

<u>DONATE ON-LINE</u>: Alternately to donate online to St. Lawrence Martyr Parish, please <u>click here Archdiocese</u> <u>of Toronto</u> and select St. Lawrence Martyr Parish from the drop list.

Thank you! GOD bless you for gour support and generosity.



#### **PARISH OFFICE and HOURS:**

Julia Di Paolo — Parish Secretary

Mon to Thurs: 9:15 AM - 12:00 PM

1:00 PM — 4:00 PM

Friday: 9:15 AM — 1:00 PM Sunday: 9:15 AM — 1:00 PM

Closed on Saturday and Holidays

#### **PASTORAL TEAM:**

Rev. Fr. Roy Farrell, Pastor

Rev. Fr. Anish K. Antony CFIC, Associate Pastor

Rev. Fr. Russell Asch, Chaplain to the Faithful participating

in the Extraordinary Rite of the Latin Mass

Mr. Daniel Lee, Seminarian

#### **SUNDAY MASSES:**

Saturday Vigil: 5:00 pm (English) Sunday Mass: 8:30 am (English)

> 10:00 am (Italian) 11:30 am (English) 1:00 pm (Latin) 5:00 pm (English)

#### **DAILY MASSES:**

English: 8:30 am Monday to Saturday Latin: 11:00 am Monday to Wednesday

7:00 am Thursday 7:00 pm Friday 10:00 am Saturday

#### **CONFESSIONS:**

Saturdays following the 8:30 am Mass Saturdays 4:15 pm to 4:45 pm Any time by request

#### **PARISH GROUPS:**

We invite you to consider joining a parish group. For more information, call the parish office.

FOR SACRAMENTS (BAPTISM, MARRIAGE, ANNOINT-ING of the SICK, RCIA, FIRST HOLY COMMUNION AND CONFIRMATION FOR PUBLIC SCHOOLS):

Please contact the parish office Tel No. 416-759-9359

#### **PARISH SCHOOL:**

St. Lawrence Catholic School Tel No. 416-393-5264

MARCH 6, 2022 - LENT 1ST SUNDAY

BEING TEMPTED:
IS IT SATAN
OR MYSELF HABITS?
LUKE 4:1-13

#### **GOSPEL SUMMARY:**

Each year, at the beginning of Lent, the lectionary has us hear the story of the devil tempting Jesus in the desert. This year we hear

Luke's version. Following his baptism, Jesus went out into the desert for forty days during which time he ate nothing. Knowing that Jesus would be hungry, the devil tempted him to turn a stone into bread. When Jesus did not, the devil showed him all the kingdoms of the earth, promising Jesus all the glory and power of them if Jesus would worship the devil. Again Jesus refused. Finally, Satan took Jesus to the top of the temple in Jerusalem and told him to jump because God's angels would save him. Jesus refused each of the three temptations by quoting scripture from the book of Deuteronomy thus making clear his obedience to God.

#### **REFLECTION FOR FAMILIES:**

Sometimes we think only of the divinity of Jesus and forget how difficult these temptations must have been for the human Jesus. We face far lesser temptations every day and some we resist while others we give in to. When we think of obedience like daily exercises, it becomes habit and we condition ourselves to obey God. Through our example and guidance, parents can help their children do the same thing. If the temptations are hard to resist, we know Jesus understands our difficulty because he went through a similar experience. He will be there for us when we ask for his help.

#### **BRINGING THE GOSPEL INTO YOUR FAMILY:**

Now, at the beginning of this Lent, make a list of all the temptations each family member faces at home, at school, at work, in the neighborhood. Next to each temptation write down ways you will work to avoid them. Allow all family members to help one another with suggestions and make a time in each day of Lent to pray for each person as he/she works to resist the temptations he/she faces.

#### **DISCUSSION STARTERS:**

- 1. One thing I've learned from Jesus about temptation is ...
- 2. Taking some "desert" time in my life would help me ...
- 3. The best way for me to avoid temptation is to ...

Reprinted with permission from www.FaithFirst.com, a Web resource of RCL Benziger, Cincinnati OH

# Deuteronomy 26:4-10

The CONFESSION OF FAITH of the chosen people.

Moses retells the great events of salvation history.

STEWARDSHIP REFLECTION

Giving our First Fruits this Lent As we enter into this Season of Lent, let us reflect on how we can best use this time to grow in our relationship with God and our commitment to stewardship. In the first reading from the book of Deuteronomy, Moses instructs the people saying that when they come to give their offerings to God, they should "bring the first of the fruit of the ground." The Lord wants our very best, not what we have leftover. This is very true in our lives as stewards. It's definitely good to offer up our time and talents to our parish community. However, do we only give from what we have remaining after all of our other priorities are taken care of? To serve the Gospel should always be of prime importance. One Lenten resolution we can adopt to help us offer our "first fruits" is the practice of scheduling our time of prayer in advance. Prayer should not be an afterthought that we try to squeeze in when we have time. Instead, we should block out a chuck of time each day that is free from all other competing distractions and is reserved only for our conversation with God. Let us strive to create a scheduled prayer life this Lent, perhaps starting with 10 minutes a day. If we do so, we will see great wonders take place in our relationship with God and others.

Summary In the first reading from the book of Deuteronomy, Moses instructs the people saying that when they come to give their offerings to God, they should "bring the first of the fruit of the ground." One Lenten resolution we can adopt to help us offer our "first fruits" is the practice of scheduling our time of prayer in advance. If we do so, we will see great wonders take place in our relationship with God and others.

It was pride that changed angels into devils; it is humility that makes men as angels.

—Saint Augustine—

MARCH 6, 2022 - LENT 1ST SUNDAY



# SATURDAY MARCH 5<sup>TH</sup> - SABATO

5:00 P.M. — The Vimal Family

# **SUNDAY MARCH 6TH – DOMENICA**

8:30 A.M. — + Mancelino & Francis Abunda

10:00 A.M. — Susanna e Gianni Onisto

Nunzio Lembo - Pietro e Elvira Fugaccia

Vito Sciuto e defunti famiglia - Rosina Commisso

Franc e Elisabetta Sinopoli e defunt famiglia

Vito De Nardo e defunti famiglia

Marianna Agostino - Edmondo Della Siepe e famiglia Oriele e Nino Beccati e famiglia - Apollonia Lamanna

Vito e Mike Cuoppolo - Fileno Elisii e Famiglia

Vincenza Di Tacchio - Antonino e Rosaria Lisciandro

L'Anime Del Purgatorio

11:30 A.M.— + Ronald Hoven Jr.

1:00 P.M. — Pro Populo

5:00 P.M. — + Demascene Vaz

# **MONDAY MARCH 7<sup>TH</sup> – LUNEDI**

8:30 A.M. — Mary & Eileen Nicol

11:00 A.M. — + Deceased Myma & Mariano Families

# TUESDAY MARCH 8<sup>Th</sup> – MARTEDI

8:30 A.M. — Erika Bagasan

11:00 A.M. — + Sonia Sava

# WEDNESDAY MARCH 9<sup>TH</sup> – MERCOLEDI

8:30 A.M. — + Therese & Bemaldo Endaya

11:00 A.M. — Frances Rodrigo-Tiangco

# THURSDAY MARCH 10<sup>TH</sup> – GIOVEDI

7:00 A.M. — Margaret Griffith

8:30 A.M. — + Carmencita Gamboa

# FRIDAY MARCH 11<sup>TH</sup> – VENERDI

8:30 A.M. — + Mike Madigan

7:00 P.M. — Louella Lobo

# SATURDAY MARCH 12<sup>TH</sup> - SABATO

8:30 A.M. - + Sheng Lim Lee

10:00 A.M. — + Sydney De Souza

# Dear Padre

My fourteen-year-old daughter is very thin. She says giving up food during Lent is proof that she honors God. How can I convince her God doesn't want her to starve herself? Is there anything else?

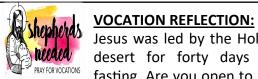


ccording to the Code of Canon Law, at age fourteen your daughter isn't required to fast (eating only one full meal a day, no snacks); the Church requires this only of people age eighteen through fiftynine because people outside those age groups need more than one full meal a day to maintain good health (1252). She is, however, old enough to abstain from meat, as required of Catholics age fourteen and older. But she should replace that meat with another source of protein like cheese or fish.

lease tell your daughter that the Lenten fast is about preparing our hearts to celebrate the joy of Easter. Fasting and abstinence are not about starving or losing weight. They're about making room for God and deepening our relationship with Christ.

nd the word abstain isn't limited to matters in-And the word abstain is... with above except in watching television, using her mobile phone except in emergencies, or using the computer for anything other than schoolwork. Prayer and almsgiving (donating money or time to charity) also are part of our Lenten practice. Anyone can safely do these things to achieve the same result: growing closer to God in preparation for Easter.

— Fr. Patrick Keyes, CSsR Liguori Publications, Liguori, MO —



Jesus was led by the Holy Spirit into the desert for forty days of prayer and fasting. Are you open to being led by the

Holy Spirit into the life-commitment God has prepared for you? If God is calling you, to be a priest, religious or deacon, contact Fr. Matt McCarthy, Director of Vocations, Archdiocese of Toronto at 416-968-0997.

Email vocations@ archtoronto.org

Website https://www.vocationstoronto.ca

Be gentle to all and stern with yourself.

-Saint Teresa of Avila-

MARCH 6, 2022 - LENT 1ST SUNDAY



ent can be a good time to reflect on the people who mean the most to us and the relationships we hold most dear. For those of us who live in industrialized countries, it can be jarring to realize that our time together as a family might

amount to no more than a few minutes a day. Our lives are independent as we scatter in different directions each day for work, school or childcare.

This season of reflection and renewal might be an appropriate time to pray about our family lives and how we can be more thoughtful and prayerful about Lent as a family. Perhaps we could hold a family meeting over dinner or some other relaxed place. We could discuss Lent and the symbols of the season using the resources here. We might want to talk about how our faith life is not a journey we make alone, but one we are in as a community, as a family.

ne Lenten family practice might include a daily act of love for our family. Can we look around and see some small thing that needs to be done to make our lives together better? Is there laundry to sort or dishes to be washed? Is there a floor that needs sweeping or a room that needs dusting? Just one effort by each of us each day can make a dramatic difference in sharing the workload in the family. The grace we are reaching for goes beyond getting the garbage taken out, for example. We know it is a grace when my experience of taking the garbage out, feels to me like an act of love, an act of solidarity as a family. Perhaps the simplest way to prepare for this grace is to pray:

Dear Lord, may this simple, ordinary sacrifice of my time for the sake of those I love, draw us closer together as a family whose hearts you are drawing to yourself in the togetherness of our family love.

ne of the real graces of Lent has to do with forgiveness and reconciliation – mercy and healing. This is never simply a matter between Jesus and me. It always has something to do with my family and with my relationships – how we are with each other. What in us needs mercy and healing? What patterns that we have need our reflections and common family choices and actions this Lent?

#### FOR THOSE WHO ARE ILL:

Please remember in your prayers: those who are sick and for those who love and minister to them—John Miceli, Francisco William, Stephanie Solomon, Antonio Sorbera, Bill Mattews, Vanessa Melone,



Rosemarie Sorbera, Amelia Barroso, Joey Bagnato, Alicia Alvares, Charlie Abreu, Domingo Catolos, Marylou Gaerlan, Eileen and Mary Nicol, Betty Byrne, Verna Quinn, Luca Fitz-Charles.

# works of tops

#### PRAYER SUGGESTIONS:

In the evening, make an examination of conscience and then pray a prayer of faith, hope, and charity. Suggested prayers that you can use or adapt follow:

Act of Faith: My God, I believe in you and I hope in you. I love you above all things, with all my soul, with all my heart and with all my strength. I love you because you are infinitely good and worthy of being loved. Because I love you, I repent with till my heart of having offended you. Have mercy on me, a sinner. Amen.

Act of Hope: My God, I believe in you and I hope in you. Because of your infinite goodness and kindness, I hope for everlasting life, patience in my sufferings, and, above all, your gentle and guiding hand, leading me to everlasting peace and joy. Amen.

Act of Charity: O my Jesus, you who are love, enkindle in my heart that divine fire which consumes the saints and transforms them. Fill up that which is lacking in me and form me each day more and more into your divine image. Help me to love and serve my brothers and sisters and to recognize in them your loving presence.

Since love grows within you, so beauty grows.

For love is the beauty of the soul.

—Saint Augustine—



FATHER, YOU called Saint Lawrence to serve you by Love, and Crowned His Life with Glorious Martyrdom. Help us to be like Him in loving YOU and doing YOUR work, Amen.

SAINT LAWRENCE PRAY FOR US

St. Lawrence pray to God for us.